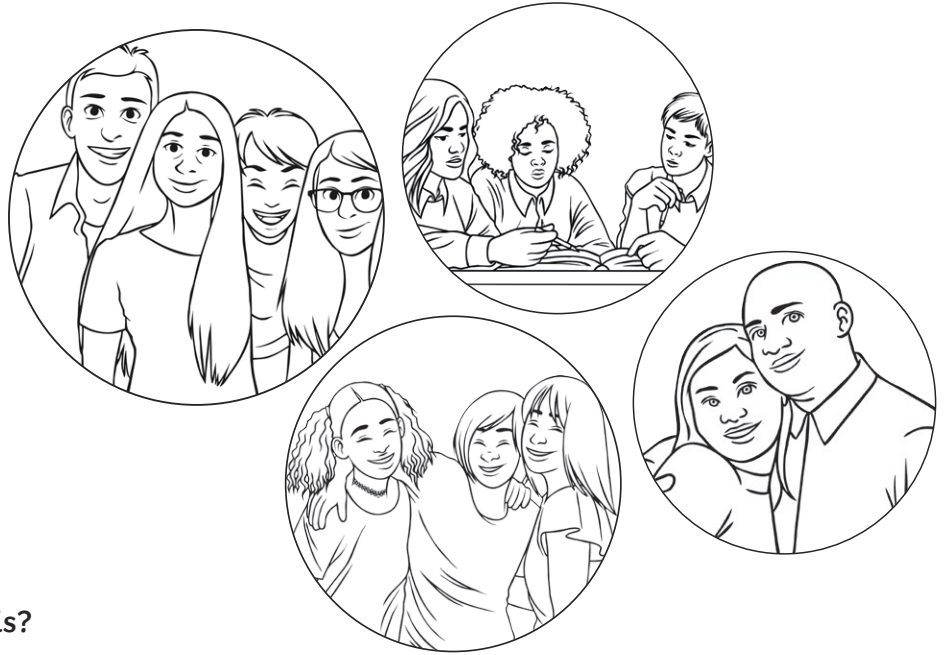


Peer Pressure Questionnaire

Who are your peers?

Are they:

- Your friends?
- Your family?
- Your classmates?
- Your parents/carers?
- Your brother or sister?
- Other?



Do you know what peer pressure is?

Do you think peer pressure is a good or a bad thing?

Do you think you have ever experienced peer pressure? Circle the answer.

yes or no

What happened?

Do you think peer pressure affects...

- what you choose to wear?
- what you like to do?
- the TV programmes you like?
- the music you like?
- what bag you choose for school?

How do you think peer pressure affects you?

What one thing do your friends do that is good for you (good peer pressure)?

How do you know that it is good peer pressure?

- Does it make you feel good?
- Is it the right choice for you?
- Does it make you want to do your best?
- Does it motivate you?
- Something else?

What one thing do your peers do that is bad (bad peer pressure)?

How do you know that it is bad peer pressure?

- Does it make you feel bad?
- Is it the wrong choice for you?
- Does it make you upset?
- Does it hurt you or other people?
- Do you feel unable to say that it is bad?
- Something else?

What can you do to stop bad peer pressure?

Could you...

- say no?
- walk away?
- tell an adult?
- look out for your friends?

What else could you do?

Do you feel confident enough to say no? Circle the answer.

yes or no

If not, what can you practise doing and saying for the next time you are faced with bad peer pressure?
