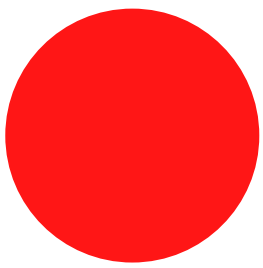
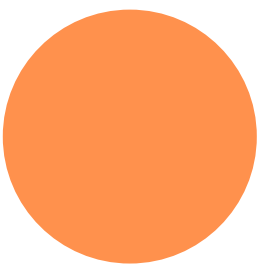


Food Flash Cards

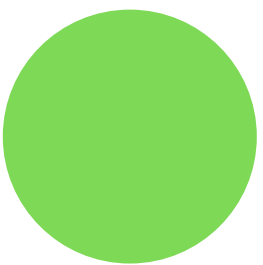
Give the food the correct colour on the nutrition traffic light



Red means the food is high in something*



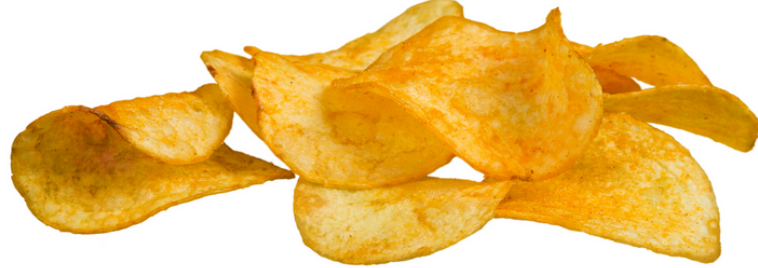
Amber means it's medium*



Green means it's low*

Wicketz Workshops - Learning life skills through cricket

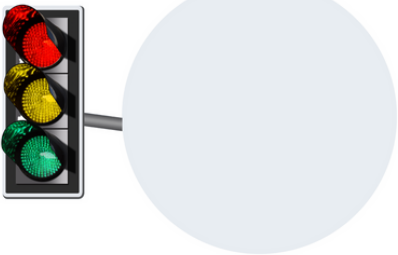
crisps







Traffic Light Game

Write in this box! ↷

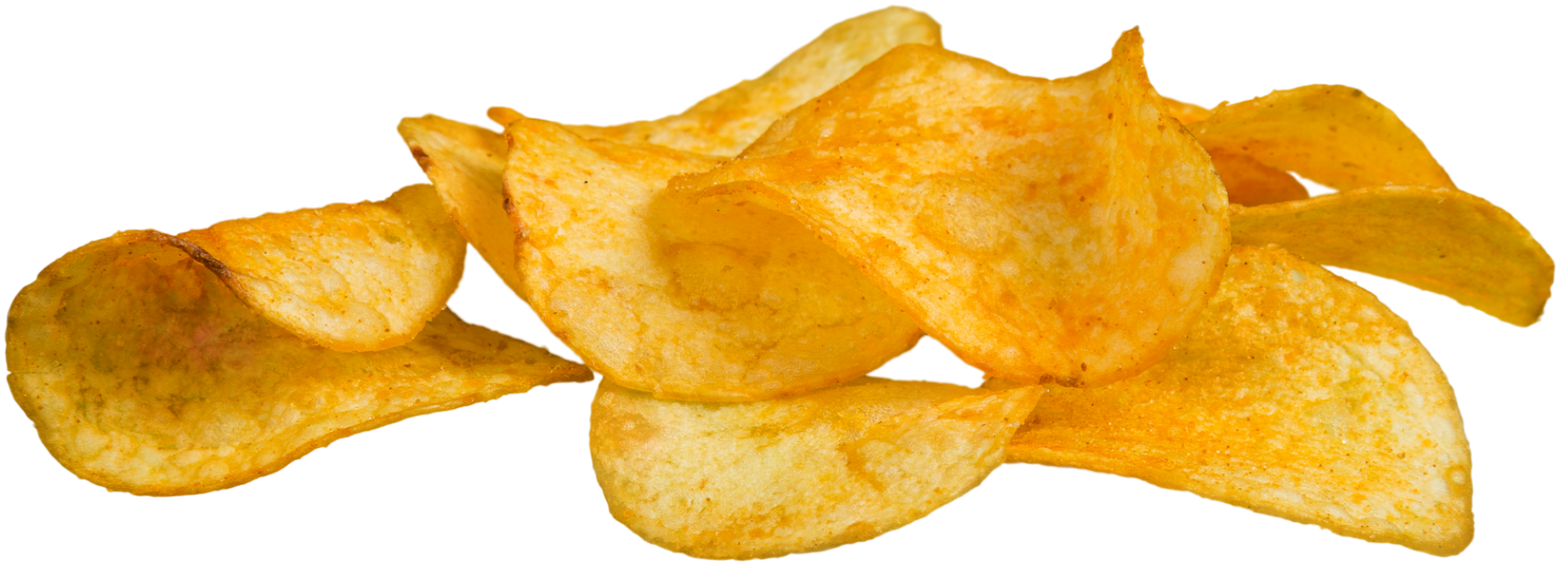
Which colour would you give to crisps?



 LORD'S TAVERNERS Giving young people a sporting chance  WICKETZ  GENTLE FIG NUTRITION  DEVON CRICKET

*(in either fat, sugar or salt)

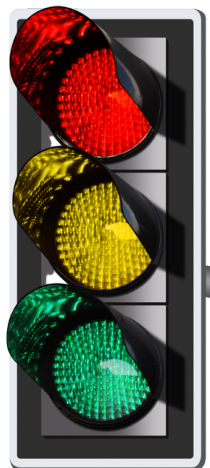
crisps



Traffic Light Game

Which colour would you give to crisps?

Write in this box!



sweets

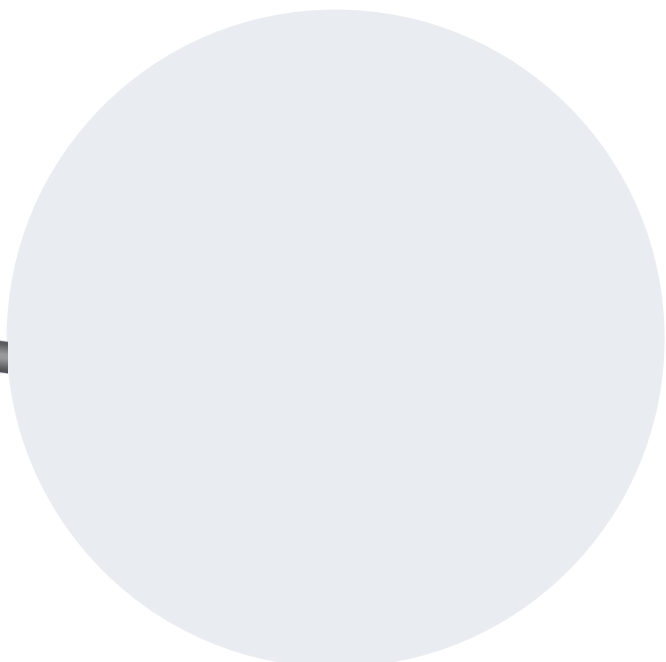


Traffic Light Game

Write in this box!



Which colour would you give to sweets?



A large, empty grey rectangular area for writing answers to the question.



chocolate

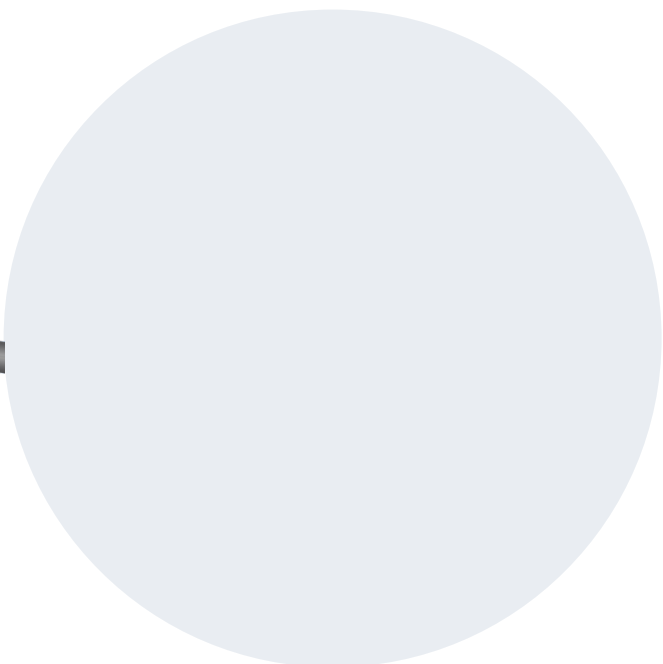
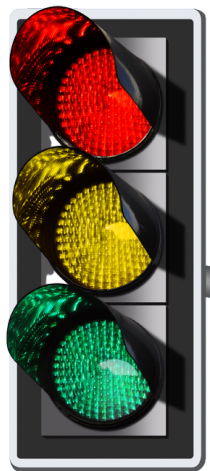


Traffic Light Game

Write in this box!



Which colour would you give to chocolate?



A large, empty grey rectangular box for writing answers.

