**Instructions**

**Divide players into groups of 2 or 3**

**1 player on each team is the holder, and the rest are builders. The objective is to see how many tennis balls the holder can hold on to at one time. Builders help by placing balls in the holders arms.**

**Players switch roles after a few attempts. Note the highest score.**

**Goal: to be the team who could hold the most tennis balls.**

**Activity**

**Game**

**Ball Builders**

**Recap/Round up**

**During the cricket session; highlight good teamwork and individuals who have helped others. Praise good teamwork, helping and everyone doing their job on the team.**

**Can the young people finish these sentences?**

**In a team we work\_\_\_\_\_\_\_.**

**In a team we \_\_\_\_\_ each other.**

**In a team everyone has a ­­­­\_\_\_ to do.**

**Resources**

**Lots of tennis balls**

**Objectives**

**To teach team work.**

**In a team we work together.**

**In a team we help each other.**

**In a team everyone has a job to do.**

**Key words**

**Team**

**Together**

**Help**

**Teammates**

**Encourage**

**Communicate**