Love.Life. worksheet

Use this worksheet with our PANTS activity.

Scenarios to discuss

A neighbour asks you to do something that doesn't feel right – what do you do?

The doctor asks you to take your pants off to check a problem you're having with going to the toilet – what do you do?

A friend asks to watch you get changed after swimming – what do you do?

Your mum wants to hold your hand in a busy crowd – what do you do?

Someone at school wants to show you what's in their pants and for you to show them your privates – what do you do?

You are having trouble getting dressed, a teaching assistant offers to help – what do you do?

A family member, you don't know very well, asks you to go into the bathroom with them. You don't feel comfortable about it – what do you do?

Someone online, asks you to meet them but to keep it a secret from your family – what do you do?

You're staying over at a friend's house and need to change your clothes – what do you do?

A good friend wants to give you a hug – what do you do?

