**Instructions**

**When they hear one clap from the leader (you), tell them this means they should stand up.**

**When they hear two claps from the leader, they pat their head.**

**When they hear three claps, they should rub their belly.**

**When they hear four claps, they should do a 360-degree turn on the spot.**

**Begin the activity! Start slowly, with one clap, then two claps, and so on until you have given the group each instruction once.**

**Now, mix it up! Switch between the different instructions and begin to pick up the pace.**

**Activity**

**Game**

**Clap and follow**

**Objectives**

**To teach that Fair play means listening to the coach and the umpire.**

**Fair play means following the rules.**

**Resources**

**Write the clapping instructions on the board to make it easier to remember the moves.**

**Key words**

**Fair play**

**Listen**

**Look**

**Recap/Round up**

**During the cricket session, highlight good listening.**

**Highlight good examples of students following the rules.**

**At the end of the session remind students that Fair play means listening to the coach and umpire and following the rules,**