



Exploring personal strengths for employment

Age range: 14+

 **BARCLAYS** | LifeSkills



Who am I?



What are your skills, interests and personality traits?

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My skills



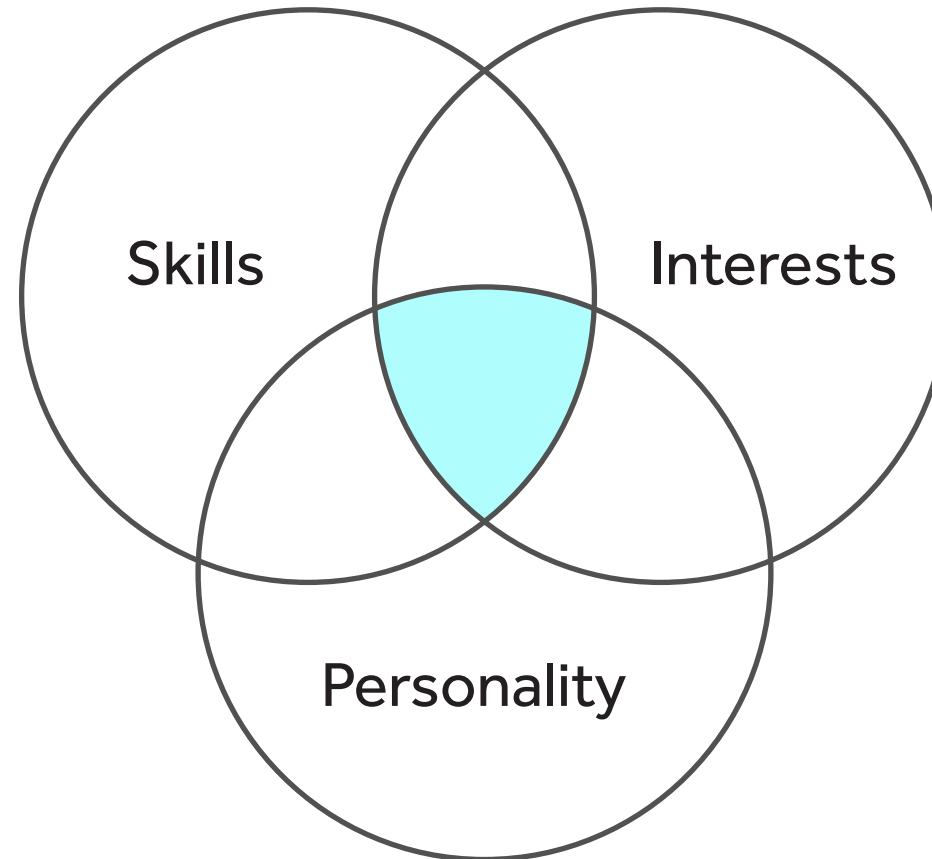
My interests



My personality

The right careers

The career you choose is
yours



It has to be right for
who you are

Start with you or start with a career

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Start with you

Find your skills, interests and personal characteristics

Find careers that are a good match

or

Start with a career idea

Find out what skills, interests and personal characteristics it needs

Find your skills, interests and personal characteristics

Work out what you need to build on or improve